THE JOURNEY OF BECOMING AN

Earth Guardian

Apprenticeship

JANUARY 1 - JUNE 30, 2027

REGENERATIVE LIVING • INNER ECOLOGY • GUARDIANSHIP OF PLACE

ECOMASTE • TINAMASTE, COSTA RICA

THREE OPPORTUNITIES AVAILABLE



Welcome, friend

You are being invited into more than a course. The Earth Guardian Apprenticeship is a six-month initiation into relationship - with yourself, the living Earth, community, and place.



From January through June, learning unfolds through silence, movement, ancestral teachings, bamboo construction, permaculture, water design, creative visioning, and direct service to the Barú watershed.

You will live inside a working regenerative sanctuary. Each month offers a threshold: first listening, then reconnecting, creating, belonging, dreaming, and finally integrating what you have learned into a path of stewardship.

This journey asks for presence, humility, curiosity, and a willingness to participate. It offers practical skills, meaningful relationships, and the space to remember how your life can serve something larger.



Come ready to learn with your whole being - mind, heart, hands, and spirit. Welcome to Ecomaste. Welcome to the journey.

Our Story

Ecomaste was born in 2020 during a time of uncertainty and transformation. From the beginning, we were guided by teachings shared by the Mamos of the Sierra Nevada de Santa Marta in Colombia. Their message reminded us that caring for the Earth begins with restoring loving relationships - within ourselves, our families, our communities, and the places that sustain us.



Rooted in the Diamante Valley, Ecomaste has grown into a living sanctuary where natural building, herbalism, meditation, food growing, community life, and ecological responsibility meet. We continue learning through practice, mistakes, repair, and relationship.



The Earth Guardian Apprenticeship is the next expression of this vision: a pathway for people ready to move from learning about regeneration to practicing it in daily life.

Guardianship of Place

The Diamante Valley is a living classroom of mountains, tropical forest, farms, rivers, waterfalls, and diverse communities. Here, the health of people and the health of water are inseparable.



Throughout the apprenticeship, the valley becomes teacher and context. Apprentices learn to observe patterns, build relationships, contribute to community projects, and understand how personal choices affect the wider watershed.



The journey culminates through the Cuenca Barú project, connecting inner development with tangible land and water stewardship. Guardianship is not ownership. It is the ongoing practice of listening, caring, participating, and taking responsibility for the places that hold us.





Your Journey Month by Month

JAN

JAN 3-13 • LISTEN, CONNECT & AWAKEN

Silent Retreat

Slow down, enter silence, reconnect with the heart, and receive the ancestral message of the land.

FEB

FEB 5-12 • LISTEN & RECONNECT

Natural Rhythms

Explore inner ecology, Elemental Qigong, natural cycles, community agreements, and embodied balance.

MAR

MAR 4-22 • ACT, CREATE & BUILD

Building + Bliss Burn

Learn bamboo and natural building, contribute to a real structure, then bring service into the festival.

APR

APR 12-25 • BELONG & REGENERATE

PDC + Seed Festival

Study permaculture and water design while celebrating seed sovereignty, biodiversity, and community.

MAY

MAY 10-15 • DREAM, DESIGN & PRACTICE

Model Making

Translate vision into form through collaborative design and a model for the following year's build.

JUN

JUN 1-12 • STEWARD & INTEGRATE

Cuenca Barú

Serve the watershed, integrate the journey, and create a personal Guardianship Action Plan.



The Learning Exchange

This is an immersive residential learning experience.

The program is designed as one connected six-month arc; each threshold prepares the ground for what follows.

THE INVESTMENT
STARTING AT $6,699 USD
January 1 - June 30, 2027
Three opportunities available

RESERVATION
$1,000 USD deposit
Required after acceptance to secure your place. Final payment and cancellation terms are confirmed in the enrollment agreement.

Included in the journey

- Living close to the land
  Shared accommodation at Ecomaste and access to the gardens, river, shala, spring water, and learning spaces.
- Nourishing community rhythm
  Healthy local food during core program days, shared meals, community agreements, work parties, and mentorship.
- Complete six-month curriculum
  Silent retreat, Natural Rhythms, bamboo and natural building, Bliss Burn, PDC, Seed Festival, model making, and Cuenca Barú integration.
- Practice and certification
  Learning materials, project participation, a personal Guardianship Action Plan, and certificates for completed qualifying courses.

Accommodation-based pricing: The final investment varies according to the accommodation selected and its availability. The starting rate applies to shared accommodation; private-room and cabin upgrades are quoted during enrollment.

Not included: international travel, personal expenses, travel insurance, immigration costs, and optional excursions unless otherwise confirmed in writing.

LEARN • PRACTICE • APPLY • SHARE

January & February

JANUARY January 3-13

Silent Retreat



Begin by slowing down. Ten days of guided silence, meditation, reflection, and simple daily rhythms create the inner foundation for the apprenticeship. Apprentices practice deep listening, reconnect with the heart, and prepare to receive the ancestral message of the land shared by the Mamos of Colombia.

FEBRUARY February 5-12

Natural Rhythms



An embodied exploration of inner ecology and the five elements. Through Hridaya-inspired meditation, Elemental Qigong, nature immersion, creative practice, and community circles, apprentices learn to recognize their own rhythms and cultivate tools for balance, relationship, and everyday presence.

March • Act, Create & Build

MARCH March 4-18

Natural Building Intensive



Two weeks of project-based learning in bamboo and natural construction. Apprentices explore material selection, safe tool use, joinery, structural thinking, teamwork, and the relationship between design and place. The intensive connects learning with real service: building, reflecting, and contributing together.

MARCH March 18-22

Bliss Burn



The learning moves into a living festival environment. Apprentices support the Ecomaste tea space, help complete and activate the Witches' Tea Lounge, serve tea, welcome guests, share the Earth Guardian vision, and experience stewardship through hospitality, collaboration, and community participation.

March bridges craft and service: what is learned with the hands becomes an offering to community.

April • Belong & Regenerate

APRIL April 12-25

Permaculture Design Course



A two-week introduction to designing resilient relationships between land, water, food, shelter, and community. Apprentices study ethics, observation, soil, water systems, food forests, mapping, design methods, and social permaculture while developing a practical design response rooted in place.

APRIL April 24

Seed Festival



A community celebration woven into the PDC. The Seed Festival honors seed sovereignty, biodiversity, food culture, and the people who protect living heritage. Apprentices help prepare and hold the gathering while learning how celebration, education, and reciprocity strengthen regenerative community.

To regenerate is to create the conditions in which life, relationship, and diversity can renew themselves.

May & June

MAY May 10-15

Model Making Course



Move from imagination to tangible design. Apprentices explore scale, form, materials, collaborative planning, and bamboo model making while creating a model for the following year's build. The course plants a seed for what is possible and develops the ability to communicate a regenerative vision clearly.

JUNE June 1-12

Cuenca Barú Integration



The final threshold brings the journey into watershed guardianship. Through the Cuenca Barú project, apprentices connect land, water, community, and responsibility; contribute to place-based work; reflect on the full six months; and develop a personal Guardianship Action Plan for their next steps.

The Principles We Walk With

Sacred Reciprocity

Receive with gratitude and give back through care, contribution, and respect.

Deep Listening

Slow down and listen to the heart, body, community, land, water, and the wisdom of silence.

Regeneration

Make choices that restore relationships and leave people, communities, and ecosystems more alive.

Unity

Remember that personal, community, and planetary wellbeing are inseparable while honoring difference.

Embodied Wisdom

Transform knowledge into lived practice through reflection, hands-on experience, and daily action.

Right Relationship

Relate with honesty, humility, consent, accountability, and a willingness to repair harm.

Service

Carry what we learn into meaningful contribution guided by genuine needs and respect for place.



Who This Journey Is For

The Earth Guardian Apprenticeship is for people who feel called to move beyond spectatorship and into relationship, practice, and service.

- You feel called to live closer to the Earth.
- You want practical regenerative and design skills.
- You are ready to deepen an inner practice.
- You can learn through direct experience and shared responsibility.
- You want to serve land, water, and community.
- You are open to feedback, reflection, and cultural humility.
- You are willing to participate fully in a six-month journey.

WHAT YOU LEAVE WITH

PRACTICE
Tools for inner ecology and daily presence.

SKILLS
Building, permaculture, design, and stewardship.

RELATIONSHIP
Deeper connection with land, water, and community.

PATH
A personal Guardianship Action Plan.



Application Process

We are calling in three apprentices who are ready to learn, participate, and grow through a committed relationship with self, community, and place.

1

APPLY

Complete the online application and share your background, intentions, readiness, and what draws you to guardianship.

2

CONNECT

Join a conversation with the Ecomaste team so we can explore mutual fit, expectations, and support needs.

3

ALIGN

Review the program agreement, community commitments, travel responsibilities, and financial terms.

4

CONFIRM

If accepted, submit the reservation deposit and prepare for arrival at Ecomaste.

The Earth does not need more spectators.

It needs people willing to remember their relationship with place - and act from it.



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